

When you die may not be a choice;  
how you **LIVE** is.

**Do you want to LIVE:**

Pain free?

Supported by loved ones?

At home?

**Did you know most people die:**

In pain?

Alone?

In a hospital or nursing home?

It's about how you **LIVE**

**Learn**

about your options  
for end-of-life services  
and care.

**Implement**

plans to ensure  
your wishes  
are honored.

**Voice**

your decisions to  
family, friends and  
health care providers.

**Engage**

in personal or community  
efforts to improve  
end-of-life care.

*Caring*  *Connections*  
a program of the  
National Hospice and Palliative Care Organization

800/658-8898  
[www.caringinfo.org](http://www.caringinfo.org)

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